



Rewarding Learning

General Certificate of Education
2011

Sports Science & Leisure

Unit AS 2: Health, Fitness and Lifestyle Management

SPECIMEN PAPER

2 hours

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.
Answer **all** questions.

The total mark for this paper is 100.

Answer all questions

1 "Binge drinking is a major problem and a cause for concern on people's health"

a) Describe two short term physical effects of alcohol? (4 marks)

b) Describe two long term physical effects of alcohol? (4 marks)

DRAFT

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